

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>November 2023 MAPLE/ELM UNIT</p>				
		12:30 Exercise 1 1:15 Off Unit Program AR 3:30 Bean Bag Toss 4:00 What Am I 6:00 Guess the Song Title	12:30 Sit n' Stretch 2 1:15 Bounce Basketball 2:00 Art 3:15 Off Unit Program AR 6:00 Where Am I	12:30 Chair Exercise 3 1:15 Off Unit Program AR 2:30 Noodle Hockey 3:30 Manicures 6:00 Hallway Walking
12:30 Sit n' Stretch 6 1:15 Off Unit Program AR 3:30 Finish the Advice 4:00 Table Pong 6:00 Memory Game	12:30 Exercise 7 1:15 Horseshoes Game 2:00 Tea and Coloring 3:15 Off Unit Program AR 6:00 Sing Along	12:30 Exercise 8 1:15 Off Unit Program AR 3:30 Bean Bag Toss 4:00 What Am I 6:00 Trivia	12:30 Sit n' Stretch 9 1:15 Bounce Basketball 2:00 Art 3:15 Off Unit Program AR 6:00 Where Am I	12:30 Chair Exercise 10 1:15 Off Unit Program AR 2:30 Noodle Hockey 3:30 Manicures 6:00 1:1 Visits
12:30 Exercise 13 1:15 Off Unit Program AR 3:30 Finish the Advice 4:00 Golf Pong 6:00 Ring Toss	12:30 Exercise 14 1:15 Horseshoes Game 2:00 Tea and Coloring 3:15 Off Unit Program AR 6:00 Sing Along	12:30 Exercise 15 1:15 Off Unit Program AR 3:30 Bean Bag Toss 4:00 What Am I 6:00 Guess the Song Title	12:30 Sit n' Stretch 16 1:15 Bounce Basketball 2:00 Art 3:15 Off Unit Program AR 6:00 Where Am I	12:30 Chair Exercise 17 1:15 Off Unit Program AR 2:30 Noodle Hockey 3:30 Manicures 6:00 1:1 Visits
12:30 Exercise 20 1:15 Off Unit Program AR 3:30 Balloon Ball 4:00 Table Pong 6:00 Ring Toss	12:30 Exercise 21 1:15 Horseshoes Game 2:00 Tea and Coloring 3:15 Off Unit Program AR 6:00 Sing Along	12:30 Exercise 22 1:15 Off Unit Program AR 3:30 Bean Bag Toss 4:00 What Am I 6:00 Guess the Song Title	12:30 Sit n' Stretch 23 1:15 Bounce Basketball 2:00 Art 3:15 Off Unit Program AR 6:00 Where Am I	12:30 Chair Exercise 24 1:15 Off Unit Program AR 2:30 Noodle Hockey 3:30 Manicures 6:00 1:1 Visits
12:30 Sit n' Stretch 27 1:15 Off Unit Program AR 3:30 Finish the Advice 4:00 Golf Pong 6:00 Ring Toss	12:30 Exercise 28 1:15 Horseshoes Game 2:00 Tea and Coloring 3:15 Off Unit Program AR 6:00 Sing Along	12:30 Exercise 29 1:15 Off Unit Program AR 3:30 Bean Bag Toss 4:00 What Am I 6:00 Trivia	12:30 Sit n' Stretch 30 1:15 Bounce Basketball 2:00 Art 3:15 Off Unit Program AR 6:00 Where Am I	

SUBJECT TO CHANGES