


FRED DOUGLAS LODGE


FACILITY

SUBJECT TO CHANGES

SUNDAY **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY**

						1		2		3		4											
														9:15	R.O.M. Exercise AR	9:15	Cardio Exercise AR	9:15	Dance Exercise AR	9:15	Dance Exercise AR		Exercises
														10:00	Name that sound AR	10:00	Would you Rather AR	10:00	Remembering Friends AR	10:00	Who am I? AR		Noodle Hockey and/or Trivia on all units
														1:30	Target Game AR	1:30	Craft Club AR	1:30	Art Therapy on Westside	1:00	Remembrance Day Ceremony AR		
														3:30	Jeopardy AR	3:30	Jeopardy AR	3:30	Price is Right AR	3:30	Word Un-Scramble AR		
														5:30	Horse Racing AR	5:30	Horse Racing AR	5:30	Bingo AR	5:30	Sing-a-long AR		

5 **6** **7** **8** **9** **10** **11** **Stat No Recreation**

		9:15	Dance Exercise AR	9:15	Cardio Exercise AR	9:15	R.O.M. Exercise AR	9:15	Cardio Exercise AR	9:15	Dance Exercise AR		
		10:00	Hangman AR	10:00	Would you Rather AR	10:00	Would you Rather AR	10:00	Who am I? AR	10:00	Who am I? AR		
		1:15	Bingo A.R.	1:15	\$ Bingo A.R.	1:30	Craft Club AR	2:00	Entertainment in AR with Andre.V	11:00	Remembrance Day Ceremony AR		
		3:30	Wheel of Fortune AR	3:30	Family Feud AR	3:30	Jeopardy AR	3:30	Price is Right AR	3:30	Word Un-Scramble AR		
		5:30	Bocce AR	5:30	ShuffleBowl AR	5:30	Horse Racing AR	5:30	Bingo AR	5:30	Sing-a-long AR		


12 **13** **14** **15** **16** **17** **18**

		9:15	Dance Exercise AR	9:15	Cardio Exercise AR	9:15	R.O.M. Exercise AR	9:15	Cardio Exercise AR	9:15	Dance Exercise AR		Exercises Balloon Toss and/or Trivia on all units
		10:00	Trivia AR	10:00	Would you Rather AR	10:00	Name that sound AR	10:00	Who am I? AR	10:00	Funny Jokes AR		
		1:15	Bingo A.R.	1:15	\$ Bingo A.R.	1:30	Bowling AR	2:00	Entertainment in AR with Bob.F	1:00	Art Therapy on Eastside		
		3:30	Wheel of Fortune AR	3:30	Family Feud AR	3:30	Jeopardy AR	3:30	Price is Right AR	3:30	Word Un-Scramble AR		
		5:30	Bocce AR	5:30	ShuffleBowl AR	5:30	Horse Racing AR	5:30	Bingo AR	5:30	Sing-a-long AR		

19 **20** **21** **22** **23** **24** **25**

		9:15	Dance Exercise AR	9:15	Cardio Exercise AR	9:15	R.O.M. Exercise AR	9:15	Cardio Exercise AR	9:15	Dance Exercise AR		Exercise Shuffleboard and/or Name that Song o all units
		10:00	Hangman AR	10:00	Would you Rather AR	10:00	Would you Rather AR	10:00	Who am I? AR	10:00	Who am I? AR		
		1:15	Bingo A.R.	1:15	\$ Bingo A.R.	1:30	Bocce Ball AR	2:00	Entertainment in AR with Bob.F	2:00	Entertainment in AR with Bob.F		
		3:30	Wheel of Fortune AR	3:30	Family Feud AR	3:30	Jeopardy AR	3:30	Price is Right AR	3:30	Word Un-Scramble AR		
		5:30	Bocce AR	5:30	ShuffleBowl AR	5:30	Horse Racing AR	5:30	Bingo AR	5:30	Sing-a-long AR		

26 **27** **28** **29** **30**

		9:15	Dance Exercise AR	9:15	Cardio Exercise AR	9:15	R.O.M. Exercise AR	9:15	Cardio Exercise AR				AR: ACTIVITY ROOM FL: FIRESIDE LOUNGE CH: CHAPEL GR: GAMES ROOM DR: DINING ROOM FD: FAMILY DINING BR: BOARD ROOM
		10:00	Trivia AR	10:00	Would you Rather AR	10:00	Name that sound AR	10:00	Name that sound AR				
		1:15	Bingo A.R.	1:15	\$ Bingo A.R.	1:30	Golf Pong AR	1:30	Golf Pong AR				
		3:30	Wheel of Fortune AR	3:30	Family Feud AR	3:30	Jeopardy AR	3:30	Jeopardy AR				
		5:30	Bocce AR	5:30	ShuffleBowl AR	5:30	Horse Racing AR	5:30	Horse Racing AR				