



**FRED DOUGLAS**  
SOCIETY

Uniting Health, Heart and Home

August 31, 2023

Dear Fred Douglas Resident Families and Loved Ones,

***Regarding: Positive COVID-19 case in Spruce***

In the evening of August 30<sup>th</sup>, Fred Douglas Lodge has one confirmed case of COVID-19 in the Spruce unit. We do not meet WRHA and Shared health definitions of a COVID-19 outbreak, but additional precautions are being implemented. FDL staff are monitoring residents for signs and symptoms, contact tracing, and wearing necessary personal protective equipment to aid in preventing the spread.

***Regarding: respiratory etiquette this upcoming flu season***

With flu season coming up, there has been an increased incidence of respiratory symptoms, positive COVID cases, and outbreaks in other facilities. With abundance of caution, we would like to take this opportunity to ask family and loved ones for help in keeping our residents safe. Please refrain from visiting if you are positive for COVID or if you have symptoms that could cause our residents to become sick, like coughing or sneezing. Please sanitize your hands regularly and wear a mask if you have had a confirmed exposure to the virus. If you have any questions or concerns, please do not hesitate to reach out. Thank you very much for your cooperation in keeping our home safe for our residents!

Thank you,

Roslyn Garofalo  
CEO