

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| 9:15 Power Hour 10:00 Manicures 10:45 Mini Table Bowling 1:15 Off Unit Program 2:00 Let's Go Fishing 2:45 Stretch it Out | 9:15 With All Our Might 10:00 Trivial Balloon Toss 10:45 1-1 Friendly Visits 1:15 Noodle Hockey 2:00 Name That Sound 2:45 Reach for the Sky | 9:15 Workout Zone 10:00 Target Game 10:45 Memories 1:15 Off Unit Program 2:00 Shuffle Bowl 2:45 Stretches | 9:15 Curls n' Crunches 10:00 1-1 Friendly Visits 10:45 Would You Rather 1:15 Connect 4 2:00 Balloon Toss 2:45 Loosen Up | 9:15 Fit, Fab & Fun 10:00 1-1 Friendly Visits 10:45 Manicures/Trivia 1:15 Off Unit Program 2:00 Never Have I? 2:45 Go Long, Go High |
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SUBJECT TO CHANGES