

Monday	Tuesday	Wednesday	Thursday	Friday
9:05 Exercise/Ball Toss 2 10:00 Target Twister 10:30 Finish the Phrase 11:00 Today in History 1:15 Off Unit Program 2:30 Ducky Toss 3:15 Manicures	9:05 Exercise/Ball Toss 3 10:00 Disk Toss 10:30 1-1 Visits 11:00 Dad Jokes 1:00 Floor Curling 2:15 Name that Tune 3:15 Colouring Group	9:05 Exercise/Ball Toss 4 10:00 Higher or Lower 10:30 Off Unit Program 11:00 Storytime 1:15 Off Unit Program 2:30 Basketball 3:15 Dance Break	9:05 Exercise/Ball Toss 5 10:00 Lawn Darts 10:30 Roll A Snowman 11:00 Alphabet Game 1:00 Tabletop Bowling 2:15 Crafter's Corner 3:15 Manicures	9:05 Exercise/Ball Toss 6 10:00 Golf Pong 10:30 1-1 Visits 11:00 Word in A Word 1:15 Off Unit Program 2:30 Ring Toss 3:15 Afternoon Stretch
9:05 Exercise/Ball Toss 9 10:00 Target Twister 10:30 Finish the Phrase 11:00 Today in History 1:15 Off Unit Program 2:30 Ducky Toss 3:15 Manicures	9:05 Exercise/Ball Toss 10 10:00 Disk Toss 10:30 1-1 Visits 11:00 Dad Jokes 1:00 Floor Curling 2:15 Name that Tune 3:15 Colouring Group	9:05 Exercise/Ball Toss 11 10:00 Higher or Lower 10:30 Off Unit Program 11:00 Storytime 1:15 Off Unit Program 2:30 Basketball 3:15 Dance Break	9:05 Exercise/Ball Toss 12 10:00 Lawn Darts 10:30 Roll A Snowman 11:00 Alphabet Game 1:00 Tabletop Bowling 2:15 Chicken Chuck 3:15 Manicures	9:05 Exercise/Ball Toss 13 10:00 Golf Pong 10:30 1-1 Visits 11:00 Word in A Word 1:15 Off Unit Program 2:30 Ring Toss 3:15 Afternoon Stretch
9:05 Exercise/Ball Toss 16 10:00 Target Twister 10:30 Finish the Phrase 11:00 Today in History 1:15 Off Unit Program 2:30 Ducky Toss 3:15 Manicures	9:05 Exercise/Ball Toss 17 10:00 Disk Toss 10:30 1-1 Visits 11:00 Dad Jokes 1:00 Floor Curling 2:15 Name that Tune 3:15 Colouring Group	9:05 Exercise/Ball Toss 18 10:00 Higher or Lower 10:30 Off Unit Program 11:00 Storytime 1:15 Off Unit Program 2:30 Basketball 3:15 Dance Break	9:05 Exercise/Ball Toss 19 10:00 Lawn Darts 10:30 Roll A Snowman 11:00 Alphabet Game 1:00 Tabletop Bowling 2:15 Crafter's Corner 3:15 Manicures	9:05 Exercise/Ball Toss 20 10:00 Golf Pong 10:30 1-1 Visits 11:00 Word in A Word 1:15 Off Unit Program 2:30 Ring Toss 3:15 Afternoon Stretch
9:05 Exercise/Ball Toss 23 10:00 Target Twister 10:30 Finish the Phrase 11:00 Today in History 1:15 Off Unit Program 2:30 Ducky Toss 3:15 Manicures	9:05 Exercise/Ball Toss 24 10:00 Disk Toss 10:30 1-1 Visits 11:00 Dad Jokes 1:00 Floor Curling 2:15 Name that Tune 3:15 Colouring Group	9:05 Exercise/Ball Toss 25 10:00 Higher or Lower 10:30 Off Unit Program 11:00 Storytime 1:15 Off Unit Program 2:30 Basketball 3:15 Dance Break	9:05 Exercise/Ball Toss 26 10:00 Lawn Darts 10:30 Roll A Snowman 11:00 Alphabet Game 1:00 Tabletop Bowling 2:15 Chicken Chuck 3:15 Manicures	9:05 Exercise/Ball Toss 27 10:00 Golf Pong 10:30 1-1 Visits 11:00 Word in A Word 1:15 Off Unit Program 2:30 Ring Toss 3:15 Afternoon Stretch
9:05 Exercise/Ball Toss 30 10:00 Target Twister 10:30 Finish the Phrase 11:00 Today in History 1:15 Off Unit Program 2:30 Ducky Toss 3:15 Manicures	9:05 Exercise/Ball Toss 31 10:00 Disk Toss 10:30 1-1 Visits 11:00 Dad Jokes 1:00 Floor Curling 2:15 Name that Tune 3:15 Colouring Group	 <p><i>January 2023</i> SPRUCE UNIT</p>		

SUBJECT TO CHANGES