

Monday	Tuesday	Wednesday	Thursday	Friday
1:15 – Off Unit Program 2 3:00 – Exercise 3:30 – Curling 4:00 – Trivia 5:30 – Guess That Tune 6:15 – 1:1 Visits	1:15 – Exercise 3 1:45 – Finish the Phrase 2:15 – Lawn Darts 2:45 – Sing- along 3:15 – 1:1 Music Visits 5:30 – Manicures	10:30 - Off Unit Program 4 1:15 – Off Unit Program 3:00 – Exercise 3:30 – Discussions 4:00 – Golf Pong 5:30 – 1:1 Visits 6:00 - Adult Colouring	1:15 – Exercise 5 1:45 – True or False 2:15 – Big Ball Toss 2:45 – Sing-along 3:15 – 1:1 Manicures 5:30 – Travelogue	1:15 – Off Unit Program 6 3:00 – Exercise 3:30 – Price is Right 4:00 – Noodle Balloon 5:30 – Sorting Game 6:15 – 1:1 Visits
1:15 – Off Unit Program 9 3:00 – Exercise 3:30 – Chicken Toss 4:00 – Categories 5:30 – Guess That Tune 6:15 – 1:1 Walks	1:15 – Exercise 10 1:45 – Finish the Phrase 2:15 – Twister Lawn Darts 2:45 – Sing- along 3:15 – 1:1 Music Visits 5:30 – Manicures	10:30 - Off Unit Program 11 1:15 – Off Unit Program 3:00 – Exercise 3:30 – Discussions 4:00 – Ring Toss 5:30 – 1:1 Visits 6:00 - Adult Colouring	1:15 – Exercise 12 1:45 – True or False 2:15 – Little Ball Toss 2:45 – Sing-along 3:15 – 1:1 Manicures 5:30 – Travelogue	1:15 – Off Unit Program 13 3:00 – Exercise 3:30 – Price is Right 4:00 – Swat a Balloon 5:30 – Sorting Game 6:15 – 1:1 Visits
1:15 – Off Unit Program 16 3:00 – Exercise 3:30 – Curling 4:00 – Trivia 5:30 – Guess That Tune 6:15 – 1:1 Visits	1:15 – Exercise 17 1:45 – Finish the Phrase 2:15 – Lawn Darts 2:45 – Sing- along 3:15 – 1:1 Music Visits 5:30 – Manicures	10:30 - Off Unit Program 18 1:15 – Off Unit Program 3:00 – Exercise 3:30 – Discussions 4:00 – Golf Pong 5:30 – 1:1 Visits 6:00 - Adult Colouring	1:15 – Exercise 19 1:45 – True or False 2:15 – Big Ball Toss 2:45 – Sing-along 3:15 – 1:1 Manicures 5:30 – Travelogue	1:15 – Off Unit Program 20 3:00 – Exercise 3:30 – Price is Right 4:00 – Noodle Balloon 5:30 – Sorting Game 6:15 – 1:1 Visits
1:15 – Off Unit Program 23 3:00 – Exercise 3:30 – Chicken Toss 4:00 – Categories 5:30 – Guess That Tune 6:15 – 1:1 Visits	1:15 – Exercise 24 1:45 – Finish the Phrase 2:15 – Twister Lawn Darts 2:45 – Sing- along 3:15 – 1:1 Music Visits 5:30 – Manicures	10:30 - Off Unit Program 25 1:15 – Off Unit Program 3:00 – Exercise 3:30 – Discussions 4:00 – Ring Toss 5:30 – 1:1 Visits 6:00 - Adult Colouring	1:15 – Exercise 26 1:45 – True or False 2:15 – Little Ball Toss 2:45 – Sing-along 3:15 – 1:1 Manicures 5:30 – Travelogue	1:15 – Exercise 27 1:45 – Price is Right 2:15 – Swat a Balloon 2:45 – Trivia 5:30 – Sorting Game 6:15 – 1:1 Visits
1:15 – Off Unit Program 30 3:00 – Exercise 3:30 – Curling 4:00 – Trivia 5:30 – Guess That Tune 6:15 – 1:1 Visits	1:15 – Exercise 31 1:45 – Finish the Phrase 2:15 – Lawn Darts 2:45 – Sing- along 3:15 – 1:1 Music Visits 5:30 – Manicures	 <p style="text-align: center; font-size: 2em; font-family: cursive;">January 2023</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">MAPLE/ELM UNIT</p>		
SUBJECT TO CHANGES				