

Fred Douglas Lodge Summer 2021

SUBJECT TO CHANGE

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|---|--|--|---|---|
| | Oatmeal | Cream o Wheat Scrambled Eggs | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal |
| L I G H T M E A L | Tomato Basil Grilled Cheese with Dill Pickle and Tomato Cucumber Salad Mandarin Orange | Lentil Soup Pepperoni or Cheese Pizza with Tossed Salad Butterscotch Pudding | Vegetable Beef Potato Pancakes with Sour Cream , Breakfast Sausage and Peas & Carrots Fruit Cocktail | Potato Soup Chicken Bites with Candied Yams and Peas Sherbet | Chicken Noodle Captain Burger With French Fries & Coleslaw Fresh Baked Cookie | Vegetable Soup Ham or Tuna Salad Sandwich with Marinated 4 Bean Salad Chocolate Cake with Butter Icing | Cream of Mushroom Chef's Salad and Cheese Breadstick Apricots |
| M A I N M E A L | Beef Stew, Broccoli and Dinner Roll Banana Bread | Teriyaki Chicken Stir Fry with White Rice Ice Cream | Beef Stroganoff with Buttered Egg Noodles and Italian Vegetables Jello Parfait | Pork Paddy with Brown Gravy, Mashed Potatoes and California Vegetables Cheesecake and Berries | Meatloaf with gravy Oven Roasted Potatoes and Sunrise Vegetables Peaches | Sesame Chicken with Rice Pilaf and Broccoli Rhubarb Crisp | Roast Pork with Gravy, Buttered Yams and Green Beans Chocolate Cream Pie |

WEEK 1 Spring Summer 2021

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|---|---|---|---|--|---|---|---|
| | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat Scrambled Eggs | Oatmeal |
| L I G H T M E A L | Navy Bean Fresh Fruit Plate with Cottage Cheese & Rye Bread Lemon Tart | Borscht Perogies & Cabbage Roll, Fried Onions, Sour Cream and Mixed Vegetables Pineapple | Italian Pasta Cheese Omelet with Sausage, Tater Tots and Sliced Tomato Fruit Salad | Chicken Vegetable Soup Pineapple Pork Paddy with Steamed Rice and Peas & Carrots Fresh Baked Cookie | Green Pea Soup Chunky Chicken with French Fries and Coleslaw Black Forest Cake | Cabbage Soup Macaroni & Cheese With Green Beans Banana or Orange | Tomato Juice Toasted Denver Sandwich with Carrot Cucumber Salad Mandarin Oranges |
| M A I N M E A L | Oriental Meatballs with Rice Pilaf and Peas Jello | BBQ Pork Riblet with Yams and Green Beans Ice Cream | Chicken Souvlaki with Lemon Roasted Potatoes & Greek Salad Pudding | Bow Tie Noodles with Alfredo Sauce, Tossed Mixed Green Salad Fresh Fruit | Baked Cod with Herb Savory Rice & Italian Vegetable Mix Peaches | Chicken Pot Pie with Harvard Beets Bread Pudding | Beef Wellington with Mashed Potato, Gravy & Carrot Coins Orange Sherbet |

WEEK 2 Spring/Summer 2020/21

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| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|--|--|--|---|---|
| | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat Scrambled Eggs | Oatmeal | Cream of Wheat |
| L I G H T M E A L | Corn Chowder | Mushroom Barley Soup | Vegetable & Rice Soup | Beef Noodle | Chicken Vegetable Soup | Cream of Potato | Tomato Juice |
| | Tuna or Egg Salad Sandwich and Marinated Bean Salad | Chef Salad with Rye Bread (with ham & Turkey slices) | Chicken Nuggets with Oriental Stir Fry Vegetables, Spring Roll and Plum Sauce | Crab Croissant with Fruit Cup & Cheddar Slice | Hot Dog with French Fries and Red Coleslaw | Beef Pot Pie with gravy, Butter Roasted Squash | French Toast, Syrup and Sausage |
| | Pineapple | Apricots | Broken Glass Parfait | Date Square | Fresh Baked Cookie | Mandarin Orange | Tropical Citrus Whip |
| M A I N M E A L | Shake & Bake Chicken With Oven Roast Potatoes, Gravy & California Vegetables | Cheddar & Broccoli Quiche with Sunrise Vegetables | BBQ Pork Meatballs with Rice Pilaf and Green Peas | Open Face Philly Beef Sandwich with Baby Potatoes and Carrots | Baked Fish with Tartar Sauce Mashed Potatoes & Vegetable Medley | Chicken Kiev with Sunrise Vegetables | Baked Ham Scalloped Potatoes and Cauliflower |
| | Lemon Bar | Carrot Cake with Cream Cheese Icing | Fresh Fruit | Peaches | Fruit Cocktail | Pineapple Upside Down Cake | Apple Pie |

WEEK 3 Spring/Summer 2020/21

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|--|---|---|---|--|--|--|---|
| | Cream of Wheat | Oatmeal | Cream of Wheat Scrambled Eggs | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat |
| L I G H T M E A L | Pumpkin Soup Chicken Finger Caesar Salad with Texas Toast Mandarin Oranges | Cream of Cauliflower Beef Sliders with B&B Pickles, Cheddar Cheese and Crinkle Cut Fries with Fancy Mix Vegetables Pears | Minestrone Soup Deli Meat Plate with Pasta Salad, & Marinated Bean Salad & Rye Bread Peaches | Mushroom Soup Rueben Sandwich with Apple Coleslaw And Dill Pickle Lime Graham Slice | Vegetable Soup Macaroni and Cheese with California Mixed Vegetables Jello | Beef Barley & Black Bean Perogies & Sour Cream, Fried Onions and Garlic Sausage, Peas & Carrots Chocolate Brownie | Tomato Juice Belgium Waffles and Bacon Fruit Cocktail |
| M A I N M E A L | Stir Fried Beef with Broccoli & Asian Noodles Bread Pudding | Pork Stew with Dinner Roll and Braised Cabbage Banana Cream Pie | Korean Beef and Rice with Oriental Vegetables Desert Loaf | Tourtière Pie with Gravy & Roasted Summer Squash Apricots | Fish Night with Oven Roasted Potatoes and Carrot Coins Apple Crisp | Chicken Parmesan with Spaghetti Marinara and Italian Mixed Vegetables Fresh Fruit | Roast Turkey Gravy Mashed Potatoes & Sunrise Vegetables Rice Pudding |

WEEK 4 Spring/Summer 2020/21

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|--|---|---|--|---|--|---|---|
| | Cram of Wheat Scrambled Eggs | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat |
| L I G H T M E A L | Tomato Vegetable Western Omelet with Tater Tots and Carrots Blueberry Tart | Cream of Broccoli Bacon Lettuce and Tomato Salad with Cheese Bread Stick Jello Parfait | Onion Soup Chicken Pot Pie with Gravy & Baked Parsnips Peanut Butter Marshmallow Square | Italian Wedding Soup Hot Dog with French Fries and Coleslaw Banana or Orange | Butternut Squash Soup Chicken Burger with Tartar Sauce, Sliced Tomato, lettuce and Italian Vegetables Jello | Pea Soup Open Faced Turkey Sandwich Mashed Potatoes, Gravy and Mixed Vegetables Cream Puff | Tropical Fruit Juice Pancakes with Syrup & Breakfast Sausage Ice Cream |
| M A I N M E A L | Sweet & Sour Chicken Balls with Vegetable Spring Roll, Plum Sauce and Fried Rice Pudding | Salisbury Steak Mashed Potatoes, Gravy & Corn Diced Pears | Beef Crumble with Mexican Rice Beans & Peppers Medley Mandarin Orange Slices | Teriyaki Pork with Steamed Noodles and Oriental Vegetables Dessert Loaf | Friday Night Fish Fry with Tartar Sauce, Dill Potatoes and Broccoli Pineapple Tidbits | Vegetarian Lasagna with Caesar Salad and Garlic Toast Blondie Square | Chicken Cordon Bleu with Baby Potatoes, Gravy and Peas Rhubarb Pie |

WEEK 5 Spring/Summer 2021