



**FRED DOUGLAS**  
SOCIETY

Uniting Health, Heart and Home

March 4, 2021

Dear Fred Douglas Resident Families, Loved Ones and Designated Visitors;

We are pleased to let you know of the following easing of COVID-19 restrictions at Fred Douglas Lodge:

- March 1<sup>st</sup> – Unit doors were opened allowing greater movement by residents throughout the facility
- March 3<sup>rd</sup> - Group programs such as exercises and BINGO resumed in the Activity Room
- March 3<sup>rd</sup> – Marcel the hairdresser returned to provide services on a limited basis
- March 8<sup>th</sup> - On-Unit worship services will recommence
- March 8<sup>th</sup> – Meal service in the main dining room will resume
- March 15<sup>th</sup> – In room visits resume for designated visitors (see the attached table)
- March 15<sup>th</sup> – General visitors can schedule visits in the visitation room (see the attached table)

While restrictions are being eased, enhanced precautions will remain in place. All PPE requirements for staff and service providers (mask & eye shield) remain in place. Group activities will have a reduced gathering size and physical distancing requirements will be maintained as much as possible. All equipment used during activities will continue to be sanitized between resident uses. Staff have been encouraged to assist with resident hand hygiene and to promote physical distancing between residents.

At this time the only hair services being provided are shampoos, haircuts, colouring and sets. No perms are permitted. A list of residents most in need of haircuts has been provided to Marcel. Contact surfaces and equipment will be sanitized between appointments. Only one resident at a time is permitted to be in the salon.

We are also happy to announce that a fulltime Rehab Aide has started at Fred Douglas Lodge. Christine La started in the position on March 1<sup>st</sup> and is currently orientating to her new position.

Sincerely,

Roslyn Garofalo, CEO

Isaiah 40:31 Those who trust in the Lord will find new strength.



Effective March 15<sup>th</sup>, the following visitor restrictions will be in place:

Designated Family Caregiver Visitors	General Visitors
In room visits allowed 9:30 AM – 5:30 PM Daily Last entry to the facility is 5:30 PM; All visitors must exit the facility by 6 PM	Visitation Room visits only 9 AM – 5:45 PM Daily Last visit of the day begins at 5:15 PM
Not required to schedule visit	Visit must be scheduled
Up to two (2) may be identified by the resident/delegate but <u>only one (1) may visit at a time in the resident's room</u>	Only one (1) general visitor is allowed to visit at a time
Must complete screening process when entering the facility	Must complete screening process before entering the visitation room
Hand hygiene must be performed when entering/leaving Fred Douglas Lodge	Hand hygiene must be performed when entering/leaving the visitation room
Face mask and eyeshield will be provided and must be worn at all times	Face mask and eyeshield will be provided and must be worn at all times
No food or beverages may be consumed while in the facility, including the residents room	No food or beverages may be consumed while in the visitation room
Physical distancing must be maintained as much as possible	Physical distancing must be maintained at all times
Access to resident room washroom only	No washroom access

General visitor appointments can be booked by contacting Tatiana Morcilla at 204-586-8541 ext 123. Virtual visit appointments can be booked by contacting Michele Barr at 204-586-8541 ext 135.