

Fred Douglas Lodge Spring/Summer 2020

SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Oatmeal	Cream o Wheat Scrambled Eggs	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
L I G H T M E A L	Tomato Basil Grilled Cheese with Dill Pickle and Tomato Cucumber Salad Mandarin Orange	Lentil Soup Cheddar or Cottage Cheese Fruit Plate with Croissant Butterscotch Pudding	Vegetable Beef Potato Pancakes with Sour Cream , breakfast sausage and Peas & Carrots Fruit Cocktail	Potato Soup Open Faced Hot Beef Sandwich with Potato Wedges and Corn Sherbet	Chicken Noodle English Pub Fish With French Fries & Coleslaw Jello Parfait	Vegetable Soup Toasted Bacon Lettuce & Tomato Sandwich with Pasta Salad Banana	Cream of Mushroom Chef's Salad and Cheese Breadstick Apricots
M A I N M E A L	Beef Stew, Broccoli and Whole Wheat Dinner Roll Banana Bread	Pork Schnitzel with Brown Gravy Mashed Potatoes Buttered Beets Pears	Teriyaki Chicken Stir Fry with White Rice Ice Cream	Pork Paddy with Brown Gravy, Buttered Noodles and California Vegetables Cheesecake and Berries	Meatloaf with gravy Oven Roasted Potatoes and Sunrise Vegetables Raspberry Roll	Breaded Veal with Mashed Potatoes, Gravy and Broccoli Rhubarb Crisp	Roast Pork with Gravy, Buttered Yams and Green Beans Chocolate Cream Pie

WEEK 1 SPRING/SUMMER 2018

Fred Douglas Lodge Spring/Summer 2020

SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Oatmeal	Cream of Wheat	Oatmeal	Cream o Wheat	Oatmeal	Cream o Wheat Scrambled Eggs	Oatmeal
L I G H T M E A L	Navy Bean Deli Meat Plate with Potato Salad, Pickled Beets & Rye Bread Pears	Borscht Perogys & Onions, Garlic Sausage, Sour Cream and Mixed Vegetables Pineapple	Garden Vegetable Soup Spinach, Bacon, Egg and Mushroom Salad with Dinner Roll Fruit Salad	French Pea Soup Cheese Omelet with Sausage, Hash Brown Paddy and Sliced Tomato Fresh Baked Cookie	Cabbage Soup BBQ Pork Paddy on a Bun with French Fries and Coleslaw Raspberry Orange Trifle	Italian Pasta Macaroni & Cheese With Stewed Zucchini and Tomatoes Banana or Orange	Tomato Juice Toasted Denver Sandwich with Carrot Cucumber Salad Mandarin Oranges
M A I N M E A L	Sweet & Sour Meatballs with Rice Pilaf and Peas Jello	BBQ Pork Riblet with Yams and Green Beans Chocolate cake	Roast Chicken with Herbs Oven Roasted Potatoes & Buttered Beets Pudding	Spaghetti with Meat Sauce, Mixed Fusion Vegetables and Garlic Toast Fresh Fruit	Lemon Baked Sole with Buttered Yams & Broccoli Peaches	Chicken Pot Pie with Kernel Corn Bread Pudding	Roast Beef with Mashed Potato, Gravy & Carrot Coins Orange Sherbet

WEEK 2 SPRING/SUMMER 2018

Fred Douglas Lodge Spring/Summer 2020

SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat Scrambled Eggs	Oatmeal	Cream of Wheat
L I G H T M E A L	Corn Chowder 3 Cheese Omelet with Peas & Carrots Pineapple	Mushroom Barley Soup Chef Salad with Rye Bread (with ham & Turkey slices) Apricots	Vegetable & Rice Soup Hamburger Sliders with Bean Salad Broken Glass Parfait	Borscht Crab or Egg Salad Croissant with Fruit Cup Fresh Baked Cookie	Chicken Vegetable Soup Hot Dog with French Fries and Red Coleslaw Lemon Bar	Cream of Potato Cheddar & Mushroom Quiche with Sunrise Vegetables Mandarin Orange	Tomato Juice French Toast, Syrup and Sausage Tropical Citrus Whip
M A I N M E A L	Shake & Bake Chicken With Oven Roast Potatoes, Gravy & California Vegetables Yogurt	Meatloaf, Mashed Potatoes and Gravy and Broccoli Florets Dessert Loaf	Sweet & Sour Pork with Fried Rice and Green Peas Fresh Fruit	Butter Chicken with Broad Egg Noodles and Whipped Turnip Peaches	Baked Fish With Dill Sauce Mashed Potatoes & Vegetable Medley Fruit Cocktail	Chicken Kiev with Aisian Noodle Vegetable Stirfry Pineapple Upside Down Cake	Baked Ham Scalloped Potatoes and Cauliflower Apple Pie

WEEK 3 SPRING/SUMMER 2018

Fred Douglas Lodge Spring/Summer 2020

SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Cream of Wheat	Oatmeal	Cream of Wheat Scrambled Eggs	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
L I G H T M E A L	Pumpkin Soup Baked Chicken Finger Caesar Salad with Texas Toast Mandarin Oranges	Cream of Cauliflower Beef Sliders and Crinkle Cut Fries with Fancy Mix Vegetables Pears	Minestrone Soup Pub Style Battered Fish with French Fries & Creamy Coleslaw Peaches	Tortilla Soup Chicken Salad & Fruit Cup Cold Plate with Muffin Lime Graham Slice	Vegetable Soup Macaroni and Cheese with California Mixed Vegetables Jello	Beef Barley BBQ Pulled Pork, Rice & Fusion Mixed Vegetables Chocolate Brownie	Tomato Juice Belgium Waffles and Bacon Fruit Cocktail
M A I N M E A L	Orange Ginger Chicken Breast with Rice Pilaf, Peas & Carrots Apricots	Roast Pork Stew with Tea Biscuit and Braised Cabbage Banana Cream Pie 1154572	Vegetarian Lasagna with Garlic Toast and Tossed Salad Carrot Cake	Tourtière Pie with Gravy & Roasted Summer Squash Bread Pudding	Fish Night with Oven Roasted Potatoes and Carrot Coins Diced Melon	Chicken Parmesan with Spaghetti Marinara and Italian Mixed Vegetables Fresh Fruit	Roast Turkey Gravy Mashed Potatoes & Sunrise Vegetables Rice Pudding

WEEK 4 SPRING/SUMMER 2018

Fred Douglas Lodge Spring/Summer 2020

SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Cram of Wheat Scrambled Eggs	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
L I G H T M E A L	Tomato Vegetable Beef Pot Pie with Gravy & Baked Squash Yogurt with Fresh Berries Fruit	Cream of Broccoli Bacon Lettuce and Tomato Salad with Cheese Bread Stick Jello Parfait	Onion Soup Cheese Omelet with Potato Wedges and Carrots Peanut Butter Marshmallow Square	Italian Wedding Soup Hot Dog with French Fries and Coleslaw Banana or Orange	Butternut Squash Soup Cheese Ravioli in Tomato Sauce with Italian Vegetables Jello	Pea Soup Fresh Fruit Plate with Cheese Slices and Rye Bread Blondie Square	Tropical Fruit Juice Pancakes with Syrup & Breakfast Sausage Ice Cream
M A I N M E A L	Sweet & Sour Chicken Balls with Vegetable Spring Roll, Plum Sauce and Fried Rice Pudding	Butter Chicken with Egg Noodles & Cocktail Mix Vegetables Diced Pears	Salisbury Steak Mashed Potatoes, Gravy & Corn Mandarin Orange Slices	Teriyaki Pork with Steamed Noodles and Oriental Vegetables Dessert Loaf	Friday Night Fish Fry with Tartar Sauce, Dill Potatoes and Broccoli Pineapple Tidbits	Meatballs and Gravy with Tater Gems and Mixed Vegetables Fresh Fruit	Chicken Corydon Bleu with Baby Potatoes, Gravy and Peas Rhubarb Pie

WEEK 5 SPRING/SUMMER 2018