



**FRED DOUGLAS**  
SOCIETY

Uniting Health, Heart and Home

May 4, 2020

To Fred Douglas Lodge Families and Friends,

Thank you again for your on-going patience and support during this time. We have received numerous emails and notes from families expressing their deep appreciation to our employees as they work to keep your family members safe and well cared for. These words of gratitude are so valuable to all of our employees and have been shared with them -- thank you for taking the time to send these along.

I know some families and friends have taken advantage of the various communication tools we've established to ensure residents, families and friends stay connected. These tools include Skype, window visits, phone calls and Google Duo. I am sure these connections are benefiting both our residents and their loved ones but we understand it's not the same as being able to visit in person.

With the disappearance of the snow and the return of warmer weather, we have started to receive questions regarding the possibility of outdoor visiting. In addition, with the Provincial government announcing their phased plans to relax public health measures, more questions regarding the status of visitor restrictions at long-term care facilities are also being received.

In consultation with ,and as directed by, the Winnipeg Regional Health Authority, Fred Douglas Lodge management will continue to enforce the current long-term care visiting restrictions; in-facility visiting will remain limited to those on end of life care. These visitor restrictions also apply to outdoor visiting. Work is currently underway at the provincial level to review the current visitor restrictions.

As such, until we have further information, please continue to take advantage of the window, Skype and Google Duo visits and telephone calls. Arrangements for this can be coordinated through Michele Barr, Spiritual Care Coordinator ([mbarr@fdl.mb.ca](mailto:mbarr@fdl.mb.ca) 204-586-8541x135). Michele and members of our Leadership Team are assisting with these visits. We can also share with you that recreation programs have been adjusted to adhere to COVID-19 guidelines. Each unit has a dedicated Recreation Worker providing programs and activities for residents taking place on the unit. Each morning begins with exercises and

transitions to a minimum of four programs per day. Programming ranges from bowling, horse racing, sing-a-longs, baking, crafts, trivia and much, much more. We have started facilitating outdoor walks and some outdoor programs, weather permitting of course. Currently, there are no outbreaks of any illnesses among residents at Fred Douglas Lodge and no employees are absent while awaiting test results for COVID-19. While units are not closed to each other and residents can roam more freely within the facility we continue to minimize the work routines of employees between units and large group activities and worship services are currently suspended.

With Mother's Day approaching, we are reminding everyone that any items being dropped off for residents must be items that can be cleaned and disinfected upon arrival.

All items delivered by families/friends to Fred Douglas should be:

- In unopened/sealed packages that allow for the surface to be cleaned and disinfected with a facility approved disinfectant (no paper products)
- Items that cannot be appropriately cleaned and disinfected can NOT be accepted at this time (i.e. plants, flowers, cards, stuffed animals, etc.)
- Any food items must be store-bought and in original packaging that can be cleaned and disinfected (no cardboard)
- All items must be dedicated to a specific resident

We understand that this is a difficult time for everyone, just know we are doing our best to keep your loved ones safe, healthy and active.

Sincerely,



Roslyn Garofalo, CEO